

How to make the best use of the natural cycle for frozen-thawed embryo transfer?

Ariel Weissman, Israel

The utilization of cryopreservation of all or of supernumerary embryos following fresh IVF cycles is being increasingly used in a variety of indications and circumstances. Although the optimal method for endometrial preparation prior to frozen-thawed embryo transfer (FET) has not been established, the natural ovulatory cycle is an attractive option that is commonly used. The purpose of the presentation is to give an overview on ovulation detection and triggering methods, and the use of luteal phase support in natural and modified natural cycle FET.